

Spirit of Jupiter Marching Band Camp Starts in a Week!

Please review this important information before camp starts on Monday, July 13!

Spirit of Jupiter July Band Camp - July 13-16, 8 AM - 9 PM

Before Camp Starts

Memorize Your Music - available on Charms if needed

Daily Preparation

Chaperones Needed

Fruit Break Donations Needed - CASH, Fruit, Gatorade, Individual Dry Snacks

Lunch Break: 1:00-2:00pm - Meals available for purchase - see details below

Dinner Break: 5:30-7:00pm

Camp/Rehearsal Uniforms

Get Reminders

Band Forms: OVERDUE

Upcoming Dates

Before Camp Starts (NOW!)

Drink **LOTS** of extra water!

Get outdoors and do some physical activity to get used to the heat and get yourself into better cardio-vascular shape - don't forget to wear sunscreen and a hat!

DO plan to eat healthy meal(s) on camp days before arriving to school. **DON'T** eat high sugar content foods, milk or other dairy products on camp days. Dairy products tend to lead to upset stomachs in the heat.

Make sure you have what you will need to bring/wear to band camp (see below), particularly a **gallon-size cooler!**

Organize rides as necessary. All students are responsible for making sure they arrive on time to camp!

Memorize Your Music !!

Students should have all music that has been distributed **memorized** by the start of camp.

Sheet music and an MP3 file for the opener (Part 2) are available in Charms in Handouts in the "Spirit of Jupiter Music 15-16" folder. **You must log in to Charms access the files.** [Charms instructions are available here](#) on our web site.

Questions about Charms can be directed to Debbie Wiley at wileydebbie@bellsouth.net.

Daily Preparation

The July band camp is Monday, July 13 through Thursday, July 16 from 8:00 AM to 9:00 PM. Be ready to play at the start time, which means you need to be there before 8:00 AM to be ready to play at 8:00 AM.

Students should **wear sunscreen** and dress in their practice uniform (**white t-shirts** -- no tank tops -- and **green/black shorts**). If you do not have the practice uniform yet because you are waiting for our order from Neff, comfortable athletic clothing is fine.

Students should also wear:

- socks
- sturdy cross trainer-type sneakers (no high tops, skate shoes, sandals or open-toed shoes!)
- light-colored hat (preferably white)
- sunglasses
- Color Guard only: fanny pack for equipment work

Students should also bring to every camp/rehearsal:

- a one gallon-size cooler filled with water
- a healthy lunch
- any medications needed
- Chapstick with SPF
- extra sunscreen

To prepare for camp, students should drink a lot of extra water, especially the weekend before camp begins. **DO** eat a healthy meal at the start of each day. **DON'T** eat high sugar content foods, milk or other dairy products on camp days.

CHAPERONES NEEDED

We are STILL in need of chaperones for most shifts each day of camp:

- 7:30 a.m. to 12:30 p.m.
- 12:30 p.m. to 2:30 p.m. (Tuesday through Thursday only)
- 12:30 p.m. to 5:30 p.m.
- 7:00 p.m. to 9:00 p.m.

Sign up for a shift on SignUpGenius at:

<http://www.signupgenius.com/go/70a0e4ea9a8283-spirit1>

IT IS VERY IMPORTANT THAT YOU SHOW UP FOR YOUR VOLUNTEER SHIFT!

Volunteer slots are limited, and it is not fair to others who would like to work OR to the Band Camp Coordinator to cancel at the last minute.

What do chaperones do?

Chaperones are required to be on campus with the kids during camp. Wherever the kids are rehearsing, we need a chaperone in the same location to have the first aid kits available. Chaperones distribute medication, assist with ice, etc. -- basically they are on hand as needed to help the kids.

We will also have fruit breaks, and chaperones will help prepare that snack, serve it and clean up afterwards.

We will need additional volunteers at this camp to help set up, serve and clean up lunch. Older kids can earn community service hours!

Fruit Break Donations Needed

We will have a 30-minute fruit break each day sometime between 8:00am and 1:00pm. Please consider donating the following items needed for these breaks:

- **Fresh fruit** (needed daily) -- sliced watermelon, bananas, strawberries, grapes (fresh or frozen), oranges and apples
- **Gatorade** (**SMALL** single serving bottles)

- **Bottled water** (single serving bottles)
- **Store bought snacks** such as Individually packaged Goldfish crackers, granola bars, fruit bars, peanut butter or cheese crackers, and trail mix -- no homemade or sugary snacks or candy, please
- **Cash** to purchase any needed supplies that are not donated

Bring drinks and dry snacks in on Monday if possible so we know what we have/need for the week. **If you can donate fruit, please coordinate with camp coordinator Susan Taylor (sflasue@bellsouth.net) ahead of time so it doesn't spoil.**

We can store drinks and dry snacks for rehearsals throughout the fall. Look for sales and feel free to bring those in anytime. Thanks ahead of time for your help!

Band Camp Lunch: 1:00 - 2:00 PM

It is important that all band students purchase or bring a "healthy lunch" every day to camp. Please do not bring fast food, dairy, fried foods or any type of heavy foods for lunch. These foods will definitely upset stomachs during camp outside in the heat.

As we have done for past band camps, we will have lunch available from Annie's Vintage Gourmet, C.R. Chicks, and Publix available on **Tuesday, Wednesday and Thursday ONLY**. **EVERYONE MUST bring a lunch on MONDAY.**

The menu will include:

Tuesday: Annie's Baked Ziti, salad, garlic bread, Gatorade and fruit

Wednesday: C.R. Chicks chicken, Caesar salad, mashed potatoes, Gatorade and fruit

Thursday: Publix 6" Italian, veggie, ham or turkey subs, chips, Gatorade and fruit

If your child would like to have lunch on these days, the cost will be \$21 for all three days.

**** PLEASE BRING CASH ONLY ON MONDAY, JULY 13 - NO CHECKS ****

It is important that we collect all monies for the lunches on Monday, July 13 for all three lunch days. If your child wishes to eat one or two of those days, the cost will be \$7 per meal **WHICH IS DUE ON MONDAY, JULY 13.**

Purchasing lunch is OPTIONAL. But, it is important that all band students purchase or bring a "healthy lunch" every day to camp. Please do not bring fast food, dairy, fried foods or any type of heavy foods for lunch. These foods will definitely upset stomachs during camp outside in the heat.

Dinner Break: 5:30 PM - 7:00 PM

Mr. Larkin encourages all band students eat a healthy dinner and rest during this time. Students will be permitted to leave campus for the dinner break or stay on campus if they choose, as long as they take this time to rest and relax and return on time.

Camp/Rehearsal Uniforms

The white t-shirts and green/black shorts are expected to come in just before the July band camp. We hope to distribute the items as soon as possible that week. **Students cannot pick up their camp uniform until spring camp fees are paid in full.**

Very important: Some students have been wearing cut-up white shirts to camp. This is not permitted, and the new JHS Band-logoed shirts should definitely NOT be cut. Students will need to keep one of these shirts "clean" for performances.

Get Reminders!

Sign up for Remind 101 to receive reminders regarding Spirit of Jupiter activities by texting **@spiritofJ** to 561-515-5698.

You cannot SEND any texts to this phone number, only receive them. You can unsubscribe at any time.

Band Forms: **OVERDUE**

There are still a few students who have not turned in all of their band forms. Please check your student's account on Charms (www.CharmsOffice.com) and look in the Forms Collected folder to determine if the student has any "Forms Not Turned In." Emails will be sent out to those who still owe forms.

For information on accessing Charms, see the [Band Handbook](#) (starting on page 15) or see [instructions here](#).

If you need a copy of any of the forms, they are located on the [band web site](#) on the [Forms](#) page. Use the links below to go directly to the forms:

[JHS Band Health Information and Authorization Form 2015-2016](#)

This form must be notarized!

Please attach a copy of the front and back of the student's health insurance card

[Spirit Fair Share Agreement 2015-2016](#)

[Spirit Commitment Letter 2015-2016](#)

[Spirit Attendance Contract 2015-2016](#)

JHS Band Student Information Sheet 2015-2016

[Spirit Apparel Order Form 2015-2016](#)

We need to know t-shirt and shorts sizes for all students.

"Extra" items (hoodies, etc.) will be available for purchase again in the fall.

[Band Handbook Acknowledgement Form 2015-2016](#)

[Release and Consent for Student Information Publication](#)

The [2015-2016 JHS Band Handbook](#) is available on the band web site under [Student Resources > Band Handbook](#).

Upcoming Dates

Monday, July 13: \$150 Spirit Payment Due

Monday, August 10 - Friday, August 14: JHS Band Camp from 8:00 AM to 9:00 PM

Saturday, August 16: Warrior Welcome (AM time TBD)

Saturday, August 16: Mini Spirit Camp / Skit Night / Summer Preview

Parents will "learn" what their students have been learning all summer by participating in training then performing for the kids!

Monday, August 17: \$200 Spirit Payment Due

Monday, August 17: Evening Spirit Rehearsals Begin

All of these dates as well as fall rehearsal dates are available on the [online calendar](#).