

## ***JHS Band Spirit Update - July 31, 2012***

*NOTE: If you have a question or a comment, please do not automatically reply to this email; reference below for those in charge of the different activities and email to them directly.*

**Please review this email that contains information about the following:**

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### **A Note from Mr. Larkin**

**ALL music received MUST be memorized by the August band camp.**

Please make sure to also be prepared with all required materials, including your dot book, music, drill, pencil, sunscreen, rehearsal uniform, etc... The better prepared you are for this camp the more fun you will have. Please continue to get outside daily and exercise. This is a very physical activity and you MUST be in shape. Also continue to eat healthy so that you have good eating habits during band camp. Sectionals are very important at this time of year so please make sure that you are attending the weekly sectionals with your section leader. I'm looking forward to a great camp.

### **August Band Camp Preparation**

**The August band camp is Monday, August 13 through Friday, August 17 from 8:00 AM to 9:00 PM. Be ready to play at the start time, which means you need to be there before 8:00 AM to be ready to play at 8:00 AM.**

Students should wear sunscreen and dress in their practice uniform:

- green shorts
- Color Guard only: yellow shorts with black sliders underneath
- solid white t-shirt (NO tank tops)
- socks
- sturdy cross trainer-type sneakers (no high tops, skate shoes, sandals or open-toed shoes!)
- light-colored hat (preferably white)
- sunglasses
- Color Guard only: fanny pack for equipment work

Medallion Sporting Goods on Indiantown Road is offering a 10% discount to all JHS Band Members - just tell the clerk you are a part of the JHS Band!

Students should also bring:

- a gallon-size cooler filled with water
- dot book
- a healthy lunch
- any medications needed
- Chapstick with SPF
- extra sunscreen

To prepare for camp, students should drink a lot of extra water, especially the weekend before camp begins. **DO** eat a healthy meal at the start of each day. **DON'T** eat high sugar content foods, milk or other dairy products on camp days.

### **DONATIONS Needed**

Please consider donating the following items needed for the camp:

- Fresh fruit (needed daily) -- sliced watermelon, bananas, strawberries, grapes (fresh or frozen), oranges and apples
- **Gatorade (single serving bottles - we will be serving this during lunch and will need lots of it!)**
- Bottled water (single serving bottles)
- Store bought snacks such as Individually packaged Goldfish crackers, granola bars, fruit bars, peanut butter or cheese crackers, and trail mix -- no homemade or sugary snacks or candy, please
- Cash to purchase any needed supplies that are not donated

Bring drinks and dry snacks in on Monday if possible so we know what we have/need for the week. If you can donate fruit, please coordinate with camp coordinator Stephanie Schulz ([sschulz@bellsouth.net](mailto:sschulz@bellsouth.net)) ahead of time so it doesn't spoil.

We can store drinks and dry snacks for rehearsals throughout the fall. Look for sales and feel free to bring those in anytime. Thanks ahead of time for your help!

### **CHAPERONE Schedule**

We need two to three chaperones in each time slot each day of camp:

- 8:00 a.m. to 1:00 p.m.
- 1:00 p.m. to 2:00 p.m. -- *We will need at least 4 chaperones to help with lunch service on Tuesday, Wednesday & Thursday only*
- 2:00 p.m. to 4:30 p.m.
- 6:00 p.m. to 9:00 p.m.

If you can chaperone, please contact August camp coordinator Stephanie Schulz at [sschulz@bellsouth.net](mailto:sschulz@bellsouth.net) with the time(s) you can be there.

#### ***What do chaperones do?***

Chaperones are required to be on campus with the kids during camp.

Wherever the kids are rehearsing, we need a chaperone in the same location to have the first aid kits available. Chaperones distribute medication, assist with ice, etc. -- basically they are on hand as needed to help the kids.

We will also have fruit breaks, and chaperones will help prepare that snack, serve it and clean up afterwards.

### **Band Camp Lunch: 1:00 - 2:00 PM**

We will have lunch from Angelo's and PA BBQ available on **Tuesday, Wednesday and Thursday ONLY**.

The menu will include:

Tuesday: Angelo's Baked Ziti, rolls, salad, Gatorade and fruit

Wednesday: PA BBQ chicken, salad, corn on the cob, dinner rolls, Gatorade and fruit.

Thursday: Angelo's ham or turkey subs, pasta salad or salad, chips, Gatorade and fruit

If your child would like to have lunch on these days, the cost will be \$21 for all three days.

**\*\*PLEASE BRING CASH ONLY ON MONDAY, AUGUST 13 -- NO CHECKS\*\***

It is important that we collect all monies for the lunches on Monday, August 13th for all three lunch days. If your child wishes to eat one or two of those days, the cost will be \$7 per meal **WHICH IS DUE ON MONDAY, AUGUST 13th**

It is important that all band students bring a "healthy lunch" every day to camp. Please do not bring fast food, dairy, fried foods or any type of heavy foods for lunch. These foods will definitely upset stomachs during camp outside in the heat.

### **Senior Table**

If you are a senior parent and would like to help decorate the Senior Table (a tradition!), please contact Kim Maihack at [kmaihack@bellsouth.net](mailto:kmaihack@bellsouth.net).

### **Band Camp Dinner: 4:30 PM - 6:00 PM**

Mr. Larkin encourages all band students eat a healthy dinner and rest during this time. Students will be permitted to leave campus for the dinner break or stay on campus if they choose, as long as they take this time to rest and relax and return on time.

### **Marching Uniforms**

All students who attended the July camp were fitted for marching uniforms and were given an order form for extras, some of which are a required part of the marching uniform.

Most students are required to purchase gloves; at least 2 pair are recommended.

Every student must have a garment bag to store his/her uniform. One show shirt is provided as part of the fair share, but an additional shirt is recommended.

Bib pockets are available to store cash, cell phones, etc. underneath the uniform jacket since the uniform has no pockets.

Fees for these items can be turned in during the August band camp but are due NO LATER than Thursday, August 30th. Checks should be made payable to "Jupiter High School."

Students are also required to purchase specific shoes for the marching season. "Vipers" accompany the marching uniform and should be ordered directly from Bando Shoes. Please consider placing your shoe order as soon as possible so that you get them in time for the first performance in early September. SKU: DSIVIPERBLK

"Vipers" can be ordered from this

link: <http://www.bandoshoes.com/productcart/pc/viewPrd.asp?idcategory=3&idproduct=3211>

Questions? Contact Uniform Chairs Linda Cassulo

([lcassulo@gmail.com](mailto:lcassulo@gmail.com) or [561-371-6031](tel:561-371-6031)) or Sue Badgley-Longchamps ([slongchamps@bellsouth.net](mailto:slongchamps@bellsouth.net) or [561-254-9538](tel:561-254-9538)).

### **Warrior Welcome: Saturday, August 18th**

Warrior Welcome is an open house for all new JHS students. Call time is TBD, but all Spirit members (including freshmen) are required to attend. The band traditionally plays as students and parents enter the gym.

### **Mini Camp / Skit Night / Summer Preview: Saturday, August 18th**

More details will be made available closer to the date, but plan on attending this fun event the evening of August 18th. We will have a potluck, followed by a performance from the band, then the ever popular student skit night in the auditorium!

### **IMPORTANT Spirit Calendar Update**

Please note the following changes to the Spirit calendar for this fall. Times are TBD. (These changes are all noted on the online calendar.)

Saturday, October 6th: Spirit Mini Camp from 1:00 pm to 9:00 pm

Saturday, October 13th: Spirit Competition at John I Leonard HS - Lancer Jamboree

Saturday, October 20th: Spirit Competition at Park Vista HS - Striking Cobra Invitational

Saturday, October 27th: Marching MPAs at Palm Beach Central HS

Saturday, November 3rd: Spirit Competition at Santaluces HS - Santaluces Invitational